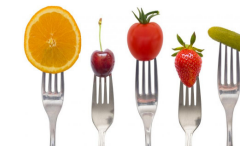









# Woolacombe School Healthy Eating Menu 2017



<b>Monday, 11<sup>th</sup> September</b> <b>Individual Photographs – Sibling groups from 8.30am in the Canteen</b>	<b>Tuesday, 12<sup>th</sup> September</b>	<b>Wednesday, 13<sup>th</sup> September</b>	<b>Thursday, 14<sup>th</sup> September</b>	<b>Friday, 15<sup>th</sup> September</b>  <b>Year 2 and Year 4 swimming</b>
<p>Pasta Bows with Crispy Bacon &amp; Peas &amp; Sweetcorn</p>  <p><b>OR</b> Filled Jacket Potato <b>OR</b> Filled Baguette And Fresh Salad <b>AND</b> Apple Crumble with Custard <b>OR</b> Choice of Fresh Fruit <b>OR</b> Yoghurt or Fruit Juice</p>	<p>Roast Chicken With Roast or Boiled Potatoes Choice of Vegetables Stuffing &amp; Gravy</p>  <p><b>OR</b> Filled Jacket Potato <b>OR</b> Filled Baguette And Fresh Salad <b>AND</b> Fruit Salad <b>OR</b> Choice of Fresh Fruit <b>OR</b> Yoghurt or Fruit Juice</p>	<p>Cottage Pie With Broccoli &amp; Carrots</p>  <p><b>OR</b> Heinz Tomato Soup With Roll &amp; Butter <i>(Please order)</i> <b>OR</b> Filled Jacket Potato <b>OR</b> Filled Baguette And Fresh Salad <b>AND</b> Flapjack <b>OR</b> Choice of Fresh Fruit <b>OR</b> Yoghurt or Fruit Juice</p>	<p>West Country Sausages With Mashed Potato Baked Beans &amp; Peas</p>  <p><b>OR</b> Filled Jacket Potato <b>OR</b> Filled Baguette And Fresh Salad <b>AND</b> Chocolate Cracknell <b>OR</b> Choice of Fresh Fruit <b>OR</b> Yoghurt or Fruit Juice</p>	<p>Reed's the Butchers Beefburger in a Bun Or Baked Fillet of Fish Golden Fries or Jacket Potato Corn-on-the-Cob Crunchy Vegetable Sticks</p>  <p><b>OR</b> Filled Jacket Potato <b>OR</b> Filled Baguette And Fresh Salad <b>AND</b> Icecream <b>OR</b> Choice of Fresh Fruit <b>OR</b> Yoghurt or Fruit Juice</p>

Baguettes & Jacket Potatoes can be filled with any of the following: cheese, beans, tuna, egg, chicken tikka, prawn mayonnaise, egg mayonnaise, ham or sardines. These options are also served with the daily pudding choices contained on the menu. Please order baguettes, jacket potatoes and soup before registration with Kathy. A real fruit juice **and** a pudding are available with a baguette, jacket potato and soup.