



Woolacombe School Healthy Eating Menu 2017

Happy Christmas from Karen, Sarah, Rachel & Tasha!



| Monday, 11 th December | Tuesday, 12 th December Reception trip to Woody Bay 9am-12 noon Senior Citizens Tea & Mince Pies 2 – 3pm | Wednesday, 13 th December Christingle Service in St Sabinus @ 6pm – all welcome | Thursday, 14 th December Christmas Carol Service @St Sabinus – 1.30pm | Friday, 15 th December Christmas Lunch Wear your Christmas Jumper to school today! |
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| <p>Pasta Bows with Crispy Bacon & Peas</p> <p>Sweetcorn</p>  <p>OR</p> <p>Filled Jacket Potato</p> <p>OR</p> <p>Filled Baguette And Fresh Salad</p> <p>AND</p> <p>Apple Crumble with Custard</p> <p>OR</p> <p>Choice of Fresh Fruit</p> <p>OR</p> <p>Yoghurt or Fruit Juice</p> | <p>West Country Sausages With Mashed Potato Baked Beans & Peas</p> <p>OR</p> <p>Heinz Tomato Soup with roll & butter</p>  <p>OR</p> <p>Filled Jacket Potato</p> <p>OR</p> <p>Filled Baguette And Fresh Salad</p> <p>AND</p> <p>Madeleine Sponge</p> <p>OR</p> <p>Choice of Fresh Fruit</p> <p>OR</p> <p>Yoghurt or Fruit Juice</p> | <p>Reed's the Butchers Beefburger in a Bun</p> <p>Or</p> <p>Baked Fillet of Fish Golden Fries or Jacket Potato</p> <p>Corn-on-the-Cob</p> <p>Crunchy Vegetable Sticks</p>  <p>OR</p> <p>Filled Jacket Potato</p> <p>OR</p> <p>Filled Baguette And Fresh Salad</p> <p>AND</p> <p>Ice-cream</p> <p>OR</p> <p>Choice of Fresh Fruit</p> <p>OR</p> <p>Yoghurt or Fruit Juice</p> | <p>Meatballs in a Rich tomato Sauce with Spaghetti</p> <p>Or</p> <p>Cheesy Pasta With Green Beans & Sweetcorn</p>  <p>OR</p> <p>Filled Jacket Potato</p> <p>OR</p> <p>Filled Baguette And Fresh Salad</p> <p>AND</p> <p>Flapjack</p> <p>OR</p> <p>Choice of Fresh Fruit</p> <p>OR</p> <p>Yoghurt or Fruit Juice</p> | <p>Roast Turkey with Chipolata Sausages</p> <p>Or</p> <p>Vegetarian Lunch With Roast Potatoes Selection of Seasonal Vegetables Stuffing & Gravy</p>  <p>AND</p> <p>Christmas Pudding With Vanilla Sauce</p> <p>OR</p> <p>Jelly with Cream</p>  |

Baguettes & Jacket Potatoes can be filled with any of the following: cheese, beans, tuna, egg, chicken tikka, prawn mayonnaise, egg mayonnaise or ham. These options are also served with the pudding of the day. Please select choice of filling when placing your on-line order. Yoghurt, fruit & as salad selection are available every day. **If no dinner is ordered and your child has not been given a packed lunch they will be given the main meal of the day and your account will be debited.**